Everyday Child Language Learning Reports

Caregiver-Mediated Everyday Child Language Learning Practices:

I. Background and Foundations

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This paper includes a description of the communication and language intervention model developed at the *Center on Everyday Child Language Learning (CECLL)* and which has been used to support parents' adoption of the approach to everyday communication and language learning as part of young children's participation in family and community activities. The model is based on research and practice conducted by Puckett Institute researchers and practitioners over the past 15 years. The paper includes background information for understanding the key characteristics of the model. A companion paper includes a description of the methods and procedures for using the model to promote child communication and language learning (Dunst, Trivette, & Raab, 2013).

The research foundations of the model include studies of the sources of young children's everyday learning opportunities (Dunst, Hamby, Trivette, Raab, & Bruder, 2000; Dunst, Raab, Trivette, & Swanson, 2010), patterns of children's participation in everyday activities (Dunst, Hamby, Trivette, Raab, & Bruder, 2002), the effectiveness of interest-based children's learning opportunities (Dunst, 2000; Dunst et al., 2001), and the different outcomes associated with contrasting approaches to using everyday activities as the sources of children's learning opportunities (Dunst, Bruder, Trivette, & Hamby, 2005, 2006). This research, as well as research by others, was the focus of a series of four meta-analyses, one for each of the practices in different components of the CECLL model, to discern whether the premises of each are supported by empirical evidence and to identify the conditions under which the practices in each component are optimally effective (Dunst, Valentine, Raab, & Hamby, 2013; Raab, Dunst, & Hamby, 2013; Raab, Dunst, Johnson, & Hamby, 2013; Trivette, Dunst, Simkus, & Hamby, 2013). Findings from each of the research syntheses indicated that the practices for each component were associated with their intended outcomes in a manner consistent with expectations.

This paper includes a description of an intervention model that uses child interest-based participation in everyday family and community activities as sources of communication and language learning opportunities and parents' use of a naturalistic instructional practice for supporting child competence in the activities. The intervention model includes four components: (a) interest-based child learning opportunities, (b) the use of everyday family and community activities as sources of child learning opportunities, (c) methods for increasing child participation in interestbased everyday activities, and (d) responsive teaching for promoting child communication and language competence in the contexts of everyday activities. The paper includes information for understanding the key characteristics of each of the components of the model.

Everyday Child Language Learning Reports 2013 Number 1

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Everyday Child Language Intervention Model

The four components of the model are shown in Figure 1. The four components are interest-based child learning opportunities, everyday family and community activities as sources of language-rich child learning opportunities,

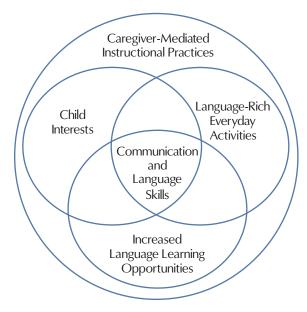


Figure 1. Four major components of the caregivermediated everyday language intervention model for facilitating young children's early communication and language skill acquisition.

methods and strategies for increasing child participation in interest-based everyday language learning activities, and the use of caregiver responsive teaching for supporting and strengthening children's communication and language competence in the contexts of everyday activities. The approach to early communication and language intervention places primary emphasis on supporting and strengthening parents' and other caregivers' abilities to: (a) increase child participation in interest-based everyday family and community activities and (b) interact with a child in ways that promote and encourage communication and language learning.

The description of the model, as well as the components of the model include terminology that is used to be specific about the most important characteristics of a caregiver-mediated approach to everyday child language learning. Table 1 includes definitions of the terms germane for describing and understanding the key features and elements of the model.

Child Interests

The foundation of the CECLL model is the use of children's interests as a way of engaging and promoting child acquisition of functional and meaningful communication and language competence. Interests can be either a person or situational characteristic (Raab, 2005). Personal interests include a child's individual likes, preferences, favorites, strengths, and so forth that encourage and sustain child engagement and participation in desired and appealing activities. Situational interests include those aspects of social and nonsocial environment that attract child attention, curiosity, and engagement in interactions with people and objects, and which are

Table 1
Definition of Terms for the Key Characteristics of the CECLL Intervention Model

Terminology	Definition
Interests	A child's likes, preferences, and favorites that engage attention and excitement
Personal Interests	The characteristics of a child that influence engagement in activity or with people and objects
Situational Interests	The characteristics of the social and nonsocial environment that encourage child engagement in activity or with people or objects
Engagement	The time spent involved in an activity or interactions with people or objects
Competence	Child behavior, abilities, or skills used to initiate interactions with people or objects
Mastery	A child's recognition and understanding that his or her behavior is the source of an expected or unexpected consequence
Exploration	A child's engagement or interactions characterized by discovery or curiosity
Everyday Activities	Those experiences and opportunities that happen as part of daily living that are the contexts of child learning
Development-Instigating	Those child characteristics and those social and nonsocial environment characteristics that invite, encourage, and sustain child interactions with people and objects
Development-Enhancing	Child competence manifested and displayed as a consequence of involvement in an activity or interaction with people or objects
Responsive Teaching	An instructional practice that uses caregiver responsiveness to child behavior as a way of encouraging and supporting child competence
Caregiver-Mediated	A parent's ability to provide a child interest-based everyday learning opportunities and use responsive teaching to encourage child communication and language competence

2013 / Number 1

characterized by the *interestingness* of people, events, and things. The indicators of children's interests include, but are not limited to, sustained attention, arousal, curiosity, social-affective behavior (smiling and laughter), excitement, and prolonged engagement. According to Renninger et al. (1992), both *personal* and *situational* interests influence child learning and development. Results from a meta-analysis of the relationships between child interests and communication and language development indicate that incorporating either or both personal and situational interests into everyday learning activities is associated with optimal child benefits (Raab, Dunst, & Hamby, 2013).

Figure 2 shows a framework that is useful for understanding the key features of interest-based everyday learning opportunities and that mirrors what we know from available research evidence. As noted above, the foundation of the framework is interest-based child learning opportunities (See Dunst et al., 2001). Interest-based child learning engages children in interactions with people and objects that provide children opportunities to practice existing skills, explore their environments, and learn and master new abilities (Dunst, Jones, Johnson, Raab, & Hamby, 2011; Dunst, Trivette, & Hamby, 2012a; Raab & Dunst, 2007). Nelson (1999), for example, found that variations in the development of children's language competence were "related easily to the child's life activities and interests" (p. 2). It is now generally recognized that early communication and language skills are acquired most easily when learning opportunities are interest-based or have interest-based elements (e.g., Frijters, Barron, & Brunello, 2000; O'Sullivan, 1997; Ortiz, Stowe, & Arnold, 2001; Pruden, Hirsh-Pasek, Golinkoff, & Hennon, 2006).

The way in which interests influence child learning and development can be described as follows: People, objects, and events that are either children's personal interests or are

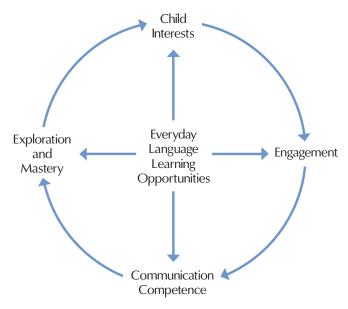


Figure 2. Model for depicting the flow of influences associated with interest-based everyday child language learning opportunities.

situationally interesting to children are the things that capture and maintain their attention, and encourage children to interact with people and objects. Interest-based playing, interaction, and participation provide a foundation for child engagement. When children are actively engaged in everyday activities, the experiences provide opportunities to practice existing abilities, perfect emerging skills, and acquire new competence. Everyday activities that afford children opportunities to express competence are ones that are more likely to encourage and support child exploration. As a result of exploration, children come to learn the relationship between their behavior and its consequences, which enhances and strengthens a sense of mastery. A sense of mastery, in turn, is likely to reinforce existing interests and promote the development of new interests.

Language-Rich Everyday Activities

Everyday activities include the many different kinds of experiences and opportunities afforded young children as part of daily living, child and family routines, family rituals, special events and outings, and family and community celebrations and traditions. The learning opportunities that happen as part of child participation in everyday activities have been found to be important contexts for child learning in general (e.g., Dunst, 2001; Kellegrew, 1998; Rogoff, Mistry, Göncü, & Mosier, 1993) and child communication and language development more specifically (e.g., Duchan, 1995; Kaiser & Hester, 1996; Roper & Gurley, 2006). Results from a meta-analysis of studies investigating the relationships between child participation in everyday family and community activities and children's language development showed that participation in different types of activities was associated with positive child communication and language development (Dunst, Valentine et al., 2013).

Everyday life is made up of hundreds of activities that are the contexts for functional communication and language learning. The everyday activities making up the fabric of *family life* include such things as dressing and undressing, eating meals, brushing teeth, taking care of pets, getting ready for bed, rough housing, parent/child play episodes, household chores, and so forth (e.g., Dunst & Hamby, 1999b; Dunst et al., 2000). Everyday activities occurring in the context of *community life* include car, subway, or bus rides; eating out; neighborhood walks; hiking; library story time hours; play groups; playgrounds and play lands; feeding ducks or fish at a community pond; and so forth (e.g., Dunst, 2000; Dunst & Hamby, 1999a; Dunst et al., 2000).

Table 2 includes some, but certainly not all, of the every-day activities that are contexts for communication and language learning (see also Dunst et al., 2000, 2002). Any one of these, as well as many other family and community activities, provide young children many different kinds of opportunities to learn and master communication and language skills (e.g., Dunst et al., 2001; Rogow, 1984), though certain activities may be better suited than others for promoting young children's communication and language learning (Shue & Dunst, 2005). Participation in the everyday activities is likely to be

2013 / Number 1 3

Family Activities

Parenting Routines

Doing laundry with mom or dad Family mealtimes Helping feed/care for pets Helping make a shopping list Helping with household chores

Child Routines

Diaper changing/toileting Dressing/undressing Picking up toys Bath time Washing hands/face

Getting ready for bed

Physical Play

Playing in water (sprinkler, backyard pool) Playing with balls/balloons/ bubbles Riding in wagon Roughhousing

Parent/Child Play

Listening to music/songs Looking at books/catalogs Looking at family photo album Listening to bedtime stories Playing lap games/finger games Playing rhyming or naming games Playing parent/child vocal games Singing songs/nursery rhymes Snuggling with parent Watching TV/videos

Play Activities

Drawing/scribbling on paper Having pretend phone conversations Playing with dolls/action figures Playing with playhouse toys Playing with talking toys Playing with musical toys

Family Rituals

Listening to family talks

Listening to family prayers or spiritual readings

Participating in family meetings

Saying grace at meals Saying bedtime prayers

Family Celebrations

Having a family birthday party Having holiday dinners Helping decorate for holiday

Socialization Activities

Having family gatherings Having family visitors Having friends over to play Play dates

Talking on the phone

Gardening Activities

Helping plant flowers

Working in vegetable garden with mom or dad

Helping with yard work

Community Activities

Family Excursions

Doing errands with parent Going on family car/bus rides Picking out foods at grocery store Picking up siblings from school or child care

Family Outings

Eating out

Going on picnics with family Shopping at the mall Taking neighborhood walks Visiting friends and neighbors

Going on a play date

Play Activities

Going to a parent/child class Playing at an indoor play land Playing on park/playground equipment

Community Activities

Attending a children's festival Going to a community fair Helping celebrate community events Watching a parade

Outdoor Activities

Camping with mom or dad Going on a hike/nature walk with

Going on a bike trip with parent Helping family at a community garden Playing in a stream/creek

Children's Attractions

Feeding ducks at a pond Visiting animals at a pet store Visiting a nature reserve Watching animals at a zoo/animal

reserve

Recreational Activities

Going fishing with mom or dad Going to a ball game with parent Playing at a community recreation center Sledding with mom or dad Swimming at a community pool

Art/Entertainment Activities

Attending a children's theater

Choosing books at a library/ bookstore

Going to children's concerts Going to children's museums Listening to storytellers

Organizations/Groups

Going along to parents' community chorus practice

Going to sister's club meeting

Being in a gymnastics/ movement class

most effective when parents and other caregivers support and encourage child language learning while children are engaged in the activities (e.g., Duchan, 1995; Kaiser & Hester, 1996; Roper & Gurley, 2006; Woods & Kashinath, 2007).

Everyday Child Learning Opportunities

Everyday activities can only have positive effects on learning and development if children have sufficient numbers of learning opportunities to participate in different kinds of activity settings having development-instigating and development-enhancing characteristics (Bronfenbrenner, 1992).

Development-instigating refers to those child and environmental characteristics that invite, encourage, and sustain child interactions with people and objects. Developmentenhancing refers to the consequences of those interactions, including, but not limited to, child communication and language behavior and competence.

The term *learning opportunity* refers to the types of everyday experiences and activities where children can practice existing abilities and learn new competencies. Child learning opportunities include both participation in different kinds of interest-based everyday activities (breadth of learning) and

2013 / Number 1

the number of learning opportunities afforded within any one activity (depth of learning). Take, for example, a child who enjoys playing in water. Getting to play in water during bath time, using a hose to water plants and flowers, splashing in a puddle of water, and dropping pebbles in a stream or pond are examples of interest-based participation in different kinds of everyday activity. Splashing in a wading pool, floating things in the pool, filling and emptying a bucket of water while in the pool, and pretending to swim are examples of different kinds of interest-based learning opportunities in the same activity setting.

Frequent opportunity to participate in everyday activities is now recognized as an important aspect of effective early childhood intervention and therapy practices (e.g., Duchan, 1995; Duchan, 1997; Dunst, 2001; Dunst et al., 2001; Kellegrew, 1998; Law et al., 1998). Duchan (1997), for example, noted that the "goals of a situated [contextual] approach to [speech and language intervention and therapy] focuses on increasing opportunities for...a child to participate in everyday-life activities" (p. 10). Any number of methods and strategies have been found effective for increasing child participation in everyday activities (Trivette et al., 2013).

Caregiver-Mediated Child Learning

Caregiver-mediated child learning involves parents' *intentional* use of different methods and strategies for: (a) recognizing, identifying, and acknowledging child interests; (b) using this information for increasing child engagement in interest-based everyday learning activities; and (c) encouraging and supporting children's language learning and competence expression in the context of the everyday activities by using responsive teaching procedures. These abilities, taken together, are the key characteristics of a *caregiver-mediated approach* to interest-based everyday child communication and language learning.

A particular approach to responsive teaching (Raab & Dunst, 2009) is the primary instructional practice used to promote child communication and language development in the context of child participation in interest-based everyday family and community activities. A responsive interactional style is characterized by the timing, type, and appropriateness of a caregiver's sensitivity and responsiveness to child behavior and the extent to which a caregiver supports and encourages child communication and language behavior in everyday activities (Jennings & Connors, 1989; Kim & Mahoney, 2004).

A number of research syntheses of studies of parental responsiveness to child behavior have identified the particular caregiver characteristics that *matter most* in terms of having optimal positive consequences (e.g., Dunst & Kassow, 2008; Nievar & Becker, 2008). These include the ability to perceive child signals accurately, interpret the signals as intents to communicate, respond contingently to a child's behavior in ways that reinforce a child's interactive behavior, and engage a child in interactive episodes in a reciprocal, your turn--my turn manner. Responsive teaching has been found especially effective in promoting the communication and language de-

velopment of young children with identified disabilities or delays (e.g., Kaiser et al., 1996; Roper, Iauch, & Gurley, 2005; Yoder & Warren, 2002). A research synthesis on the characteristics of the responsive teaching procedure used as part of the *CECLL* intervention model indicated that all of the key characteristics were associated with positive child communication and language development (Raab, Dunst, Johnson et al., 2013).

Conclusion

This paper included a description of the key characteristics of a caregiver-mediated approach to early communication and language intervention. The components of the model, taken together, are the foundations for an evidence-based approach to promoting young children's communication and language skills in the contexts of interest-based every-day family and community activities (Dunst, Trivette et al., 2013).

The research and practice that are the foundations of the model were examined with a specific focus on which child and environmental factors are associated with optimal positive child consequences. The consequences were defined as a child's acquisition and use of communication and language interactive competencies to influence the behavior of other people in prosocial ways and to interact with the physical environment in constructive ways. The major lesson learned from our research and practice is that interest-based learning opportunities have been, in almost every case, associated with more positive child consequences compared to non-interestbased learning opportunities (Bruder, Trivette, Dunst, & Hamby, 2000; Dunst, 2000, 2005; Dunst et al., 2001; Dunst, Trivette, & Cutspec, 2007). The findings from research syntheses of the relationships between child interests and positive child behavior consequences in general (Dunst, Trivette, & Hamby, 2012b; Raab & Dunst, 2007), and child communication and language development in particular (Dunst et al., 2011; Raab, Dunst, & Hamby, 2013), indicate that both personal and situational interests have development-instigating characteristics and development-enhancing consequences.

There has been a resurgence in attention to the role children's interests play in their learning and development (e.g., Kashdan & Silvia, 2009; Liszkowski, Carpenter, Henning, Striano, & Tomasello, 2004; Renninger & Hidi, 2011; Silvia, 2005; Silvia, 2006). Studies of children with (e.g., Boyd, Alter, & Conroy, 2005; Boyd, Conroy, Mancil, Nakao, & Alter, 2007; Vismara & Lyons, 2007) and without (e.g., DeLoache, Simcock, & Macari, 2007; Johnson, Alexander, Spencer, Leibham, & Neitzel, 2004; Leibham, Alexander, Johnson, Neitzel, & Reis-Henrie, 2005) disabilities indicate that when learning opportunities use or build on children's interests, a host of positive effects are likely to be realized (see especially Renninger et al., 1992). The positive consequences include children's acquisition and use of both nonverbal communication and language skills (Laakso, Poikkeus, Eklund, & Lyytinen, 2004; Liszkowski et al., 2004; Pruden et al., 2006; Roper & Gurley, 2006). These findings, as well as those from

2013 / Number 1 5

our own studies (e.g., Bruder et al., 2000; Dunst et al., 2001), are the foundations for using children's interests as a way of promoting communication and language learning and development and responsive teaching as an instructional method for reinforcing child production of competence in interest-based activities.

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6 2013 / Number 1

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2013 / Number 1 7

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8 2013 / Number 1