



On My Way

Journal of a Child's
First Three Years



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Special Moments & Memories

Writing down your young child's interests, abilities, favorite things to do, and experiences is a great way to record special memories as you watch your baby grow. Unlike traditional baby books that focus on baby's "firsts," *On My Way* is designed to help you focus on, identify, and follow your child's interests as they change over time. The first three years of life are an amazing time during which you can discover and build on your child's ever-changing curiosity about the world!

On My Way is divided into sections for each of your child's first three years. You can use the printed prompts to help you think about and jot down the ways your child shows interest in the world. The Windows of Opportunity *Windows to Wide Open Learning* workbook will also help you remember the activities you have already identified as your child's interests. The photo spaces are great areas to show activities your child finds exciting and special moments that you and your child share together. Although the words "Mommy" and "Daddy" are used in this baby book, *On My Way* is meant to be used by any primary caregiver (for example, a grandparent, step parent, foster parent, etc.) of young children.

We hope you enjoy *On My Way* and find that it becomes a treasured keepsake full of special memories shared by you and your child!



A record of the growing
strengths, interests, and activities
of

Date of birth

My First Year

Today's date _____

Child's age _____

Today I smiled when ...

I always chuckle when ...

What my parents enjoyed watching me do today:



Special ways my parents show how much they love me:



Some of the new things I'm learning to do:

My Favorites!

Ways to be comforted:

Things I love to do with my parents:

My First Year

Today's date _____

Child's age _____

I've just figured out how to ...

PHOTO

Activities I enjoy
doing now:

Ways I show I'm
pleased:

Something that
brought me a big
smile today:

My Favorites!

Picture books:

Songs:

Bedtime routines:

Games on my parents' laps:

Today's date _____

Child's age _____

Favorites!

Things to look at:

Things to touch:

Games to play
with my parents:

Things and activities
that keep me interested
and involved:

What I love to do now

PHOTO

Today I tried hard to ...



I laugh and laugh when ...

My First Year

Today's date _____

Child's age _____

I'm having fun learning to ...

Folks smile, cheer, and clap when I ...

Look what I can do now!

PHOTO



I get excited when I see ...

I love to listen to ...

I surprised my parents when I ...

Favorites!

Places to go:

People to see:



Today's date _____

Child's age _____

I smiled today
when ...

I laughed today
when ...

Favorites!

My favorite things to do in our home:

My favorite things to do outdoors:

New activities I've experienced in our
community recently:

I've just learned how to ...



Things I do that make my parents very proud:

My First BIRTHDAY!

We celebrated my first birthday by ...

The birthday activity I liked best was ...

Today's date _____

I'm one year old!



A birthday gift that especially interested me and what I enjoyed doing with it:

On My Big Day

PHOTO

My Birthday Favorites!

Party foods

Visitors

My Second Year

Today's date _____

Child's age _____



I get especially excited when ...

I show I'm excited by ...

In our kitchen I like to:

In my room I like to:

In my bed I like to:

On car rides I like to:

Favorites!

People:

Toys:

I had the most fun
this week when ...



My Second Year

Today's date _____

Child's age _____

New things I'm learning:

Something amusing I did today:

Things that always make me laugh:

How I have fun playing in the bath tub:

Other places and ways I enjoy playing in water:



Favorites!

Animals

Foods

Songs

Places to play

Today's date _____

Child's age _____

Hooray!

I'm always happy during these everyday activities:

I've just learned how to ...

Some of the things I'm trying to do on my own now:

Having Fun Outdoors

PHOTO



Places/things/ways I love to explore **OUTDOORS:**

Places/things/ways I love to explore **INDOORS:**

My Second Year

Today's date _____

Child's age _____

When I hear music I ...

The songs I most like to hear my parents sing are:

Sounds I enjoy making and/or things I like to say:

A few things my parents enjoy doing with me are ...

My parents are so happy and proud when I ...

One of my best recent "adventures" was ...



My Second Year

Today's date _____

Child's age _____

New things I'm learning to do:

PHOTO

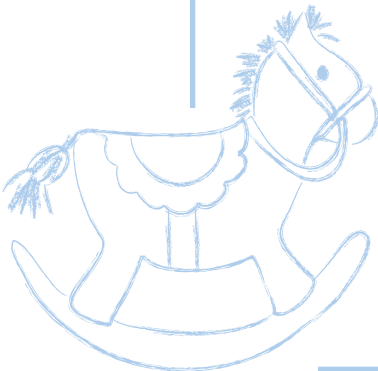
Things and activities that capture my interest and keep me involved:

Favorites!

Books:

Games to play on a parent's lap:

Toys I take with me from place to place:



My Second BIRTHDAY

Today's date _____

I'm two years old!

How we celebrated my special day:

When I saw my birthday cake, I ...



The activities and new experiences I enjoyed the most on my birthday were ...

My Birthday Favorites!

Toys

Foods

Friend

I'm Terrific at Two!

PHOTO

My Third Year

Today's date _____

Child's age _____

Some things I enjoy doing or trying to do "all by myself":

Words and phrases I say most often:

My parents are amused when I say:

What I want to do first when we go to a park or playground:



My Third Year

Today's date _____

Child's age _____

An experience or a sight that absorbed my attention today:



Favorites!

Color

Places

Snacks

Events

People/Characters

I always have fun with these friends (real and imaginary!):

Some of the ways I enjoy playing "pretend" are ...

Some of the things I'm trying to do "all by myself" are ...

My Third Year

Today's date _____

Child's age _____

I'm very proud I've learned to ...

PHOTO

My parents couldn't believe it when I ...



Favorites!

Songs

Special treat

The most fun I've had all week was when ...

My Third Year

My parents are very happy and proud when I ...

My parents show they love me and enjoy being with me by ...

My favorite things to do and see when shopping are ...

What I enjoy doing on car rides:

Today's date _____

Child's age _____

Favorites!

My favorite playground:

My favorite games:

Things I like to collect
(example: sticks)

Friends:

My Third Year

Today's date _____

Child's age _____

I surprised my parents when I ...

PHOTO

Favorites!

What I'm most curious about

Ways I "help" around the house

My favorite smells

Things I like to touch

This week, the most fun I had was when...

Today, the activity I stuck with the longest was ...

My Third BIRTHDAY

Favorite people I invited to my birthday party:

Some of the things I said at my party:

Things that surprised me on my birthday:

Today's date _____

Today I'm Three!

Me at Three!

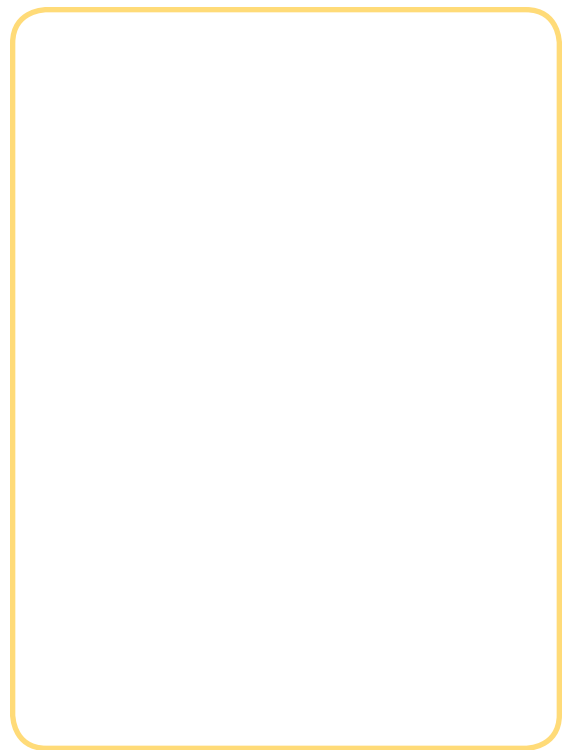
PHOTO

Fun things I did at my 3rd birthday party:



Birthday gifts that I found most exciting, and how I played with them:

More PHOTOS of Special Moments



More PHOTOS of Special Moments



